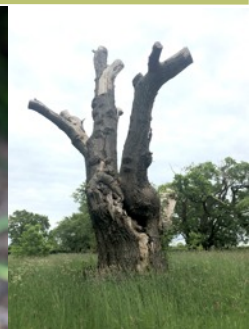

THE STREET

RENDHAM VILLAGE NEWSLETTER

JUNE / JULY 20

Read it in colour ONLINE at : <http://rendham.onesuffolk.net>



**BEAUTY IN
LOCKDOWN**



Supported by Rendham Village Amenity Fund
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Editors: Helen Greenburgh & Judith Mellor

A WARM WELCOME to Lawrence Shaw and Thekla Fellas and family who have moved into Rendham Barnes. We hope you are settling in well during such a strange time and all the best for the future!



With grateful thanks to two Rendham residents (past and present) for sharing their poems. Photo of Wendy and Dorothea in their house in France.



2020

What have we done to you Mother Earth
Why have we made you cry?
Poisoned the planet that gave us birth,
Tainted the seas and the sky.
We have cut down the forests that cleaned our air
Trees that have stood for years,
Our oceans are polluted,
And ice caps melt like tears.
Why have we treated our world this way?
Too busy to even see
How much we would lose in our haste and greed
A turtle, a bat or a bee.
After the virus has gone away
After the suffering and pain
Maybe we'll see the mistakes we made,
And the earth will be healed again.

Wendy Wray

SOLITARY, BUT NOT ALONE?

Dear people, please don't sigh, try not to moan,
These troubled days must sometime have an end.
Though solitary, you are not alone
For you are close in thought to many friends
The wonders of the media fill the room
With music, drama, silliness and fun -
Diverting sorrow, dissipating gloom,
And showing you're the same as everyone.
The house is quiet and still but *outside*, see -
How can you feel depressed when all around
The Earth is seething with new energy -
To boost your spirits, lift you from the ground.
So while the sun is shining and the air
Is soft and warm, take comfort, don't despair

Jo Rogers



JUNIPER BARN NEWS AND UPDATE - We do thank all our friends from the villages for their tremendous support of Juniper Barn during this strange springtime. We have enjoyed keeping up with all the local fresh fruit and veg and all our suppliers are keeping us well stocked with cooking basics and extras - we still have yeast, flour, sugar and lots more

including locally grown fresh flowers / veg / plants. We are doing take-away coffees / cold drinks, ice-creams and, of course, cheese scones and Rebecca's cakes. We maintain our 'one-at-a-time' policy and are doing plenty of deliveries to the local area, helped by our great team of volunteer drivers. Please ring and check if we have what you're looking for, pre-order for collection or pop down and see us. **Please note, we will be closing early at 1pm on Saturday 6th June.**

Katie & Geoffrey Boulton, Juniper Barn: 01728 663 773 www.juniperbarnsuffolk.co.uk

RENDHAM VILLAGE HALL - ALL OUR YESTERDAYS AND TODAY



At around this time in 1974, Rendham Village Hall had been going through a period of refurbishment and the management committee were contemplating holding an opening ceremony on Saturday 22nd June. Admission was to be by ticket only and would be free to residents of Rendham, Sweffling and Bruisyard. The Lord of the Manor, Dr Gray, was invited and accepted to conduct the opening. Due to illness, Dr Gray was then unable to attend and so Lord Cranbrook took his place. Wine, cider and soft drinks

were served at the ceremony.

Also, around that time, the village hall caretaker/cleaner retired. The wages were 50p per week. The post was advertised and there were 3 applicants. The committee secretary had to write to the 2 unsuccessful candidates expressing regret that they had not been accepted.

Another item on the agenda in those days was whether to allow the village hall to be hired as a discotheque. Deep concern was expressed about the "problem" of hooliganism. This was before the term anti-social behaviour came into being. Likewise, there was no "Social Distance" to consider!

At the present time, the Management Committee Meetings, including the AGM, have been suspended due to the current health crisis. I have applied for the government sponsored loss of income grant being administered by the local authority and I wait to see whether Rendham Village Hall qualifies in view of the cancelled hirings that provide regular income to our funds. Earlier this year, as part of our ongoing plans to upgrade our community facility, the complete interior lighting system was replaced with modern low energy LED lighting units. These units were sourced and installed by Rendham resident Mr Neil Gregory to whom I and the Management Committee express our sincere thanks.

Denis Moore, Chairman, Rendham Village Hall Management Committee

RENDHAM FETE 2021

It is with a sad heart and deep regret that, at the end of March, we made the decision to cancel the 2020 Rendham Fete due to the coronavirus. Our first priority is the safety and well-being of all. When this catastrophic virus has passed and we have come out the other side we suggest having a large village celebration party and then to go on to have a super Fete in 2021. Take care and keep safe.

Paul Jackson

SUFFOLK WASTE RECYCLING SITES now open, by appointment only. You will only be able to take waste to a Suffolk Recycling Centre if you have booked a designated time slot. Find out more at: www.suffolkrecycling.org.uk



NEIGHBOURHOOD WATCH / VILLAGE HAPPENINGS EMAIL

If you wish to join the Neighbourhood Watch / Village Happenings email list please email Trev.salmon@btinternet.com



ANYONE FOR TENNIS? Sweffling Tennis Club has been active throughout the period of lockdown. We hope that you may wish to consider joining or re-joining this small, friendly village club. The court has been open for use and indeed well used by families during the lockdown, and all we ask is that social guidelines are followed and that players wipe down the gate and net winder when leaving the court with a disinfectant wipe. If you would like to join please contact Sue Rusack for a Membership form (663 496). An annual subscription costs £65 for a household, including visitors and guests, £45 for family-only membership, £20 for a single adult or £5 for a child in full time education.

2020 season planned events:

- Court Cleaning. Steve gave the court a good clean early in March, which has got rid of much of the moss and weeds in the NE corner. When the situation permits, we will have a working party to clear the surrounding area of weeds that always encroach through the netting, details will be circulated.
 - Club BBQ. Before the end of the summer, we may be able to gather for a suitably distanced BBQ and game. We will again have to wait and see if this is possible, so more of that later.
 - Court re-surfacing. We are hoping to be able to arrange for the court to be resurfaced during the next 12 months. This is dependent upon funds and finding a suitable grant. Any information on the availability of local sports grants would be very welcome.
 - Coaching will again depend on government ruling, but as and when we will try and invite Matt back for a refresher course. If anyone wishes to make private arrangements for coaching with Matt, let me know and I can pass on his details.
 - Club Events. Mondays 10-11am the court has been used by Rusty Rackets Group. When possible this will resume. Thursday evening 6-8pm summer club nights again may resume later in the season.
- Sue Rusack (663 496) Email: sueryderr@rusack.myzen.co.uk

FOOD BANK

Firstly thank you so much to everyone who has donated to the Saxmundham food bank in the last few weeks, it has been very much appreciated. As there is no cake walk for the foreseeable future, if you have extra food you may like to donate, I am happy to continue to drop there on a Friday am. I will leave a box on my drive on Thursdays, marked Food Bank. My house is Sartoria, the 60's house on Bruisyard Road with the flat roof. If you would like me to collect please email me on bdangelo@btinternet.com to arrange. Or you can drop donations direct during their opening times to the Old Barclays Bank, 24 Saxmundham High St., Monday to Friday 9.30 - 2pm. THANK YOU!!

Brigitte d'Angelo



FROM SUFFOLK DISTRICT COUNCIL - RESUMPTION OF GARDEN WASTE COLLECTIONS

The garden waste service will restart from **25th May**. Rounds are being re-programmed to accommodate collections over six days instead of five (so this will mean that collections will take place on a Saturday). The reason for this is to ensure reorganisation of the arrangement of crews so that there are no more than two members of staff in a vehicle at any one time, in line with social distancing requirements.

Keep your belongings safe - In the hot weather please remember to lock doors and windows when you go out. If you see anything suspicious please report it to the police and Neighbourhood Watch.

NATURE NOTES JUNE - JULY 2020



By early June, broods of Bluetits and Great Tits which have been reared in nestboxes will have fledged and left the nest. You may well see some of these broods working their way through the garden, escorted by their parents. Newly fledged tits can easily be picked out by being much duller in colour, with much less prominent face markings. This early rearing of tits is very important to their success. In May, the leaves of trees, most especially of Oak, are still new and soft. It is at this stage that they are most nutritious to caterpillars, and many of the moth species time the

hatching of their caterpillars to take advantage of this. Tits in turn somehow time their broods closely to match this rich supply of food. One of our tit boxes this year is hosting a nest of another occupant - a recently arrived species of Bumblebee which I mentioned a couple of years ago. This is the Tree Bumblebee, which does nest in tree holes but will also frequently use bird boxes. The queen makes her brood cells within the old bird's nest material, within which she produces the first young worker bees, which then help to rear more. They can rear up to about 150, so the nest is quite busy. Typical bumblebees, they have a whiteish tail like some other species, but with a distinctive ginger thorax.

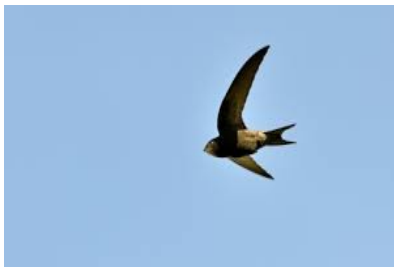
Returning workers also carry obvious loads of pollen in the pollen baskets on their hind legs.

During 'lockdown' we have been taking some of our permitted exercise sessions in the Woodland Trust woods at Pound Farm. One of the big attractions was the number of Nightingales singing there. In mid-April and early May there were quite a number singing well (we counted at least eight but I have heard reports of many more). Typically they were in very thick vegetation and I actually saw only one. Also



very pleasing was the number of singing Willow Warblers. These little warblers were once considered to be our commonest summer migrant, heard everywhere in areas of young woodland. They resemble very closely the Chiffchaffs which we talked about recently, except

that their song, a sweet rather quiet descent of the scale, is totally different and a really good guide. It is one of my favourite sounds of the spring but alas, Willow Warblers have declined considerably and I hardly ever hear one in Sweffling.



True to form, Swifts did arrive in early May - my first one was on the 5th - although numbers seem to be down again. In my last note I made a mistake about their breeding habits, I said that they laid three or four eggs, when in fact it should be two or three. This is important.

Swifts may have to travel long distances to collect sufficient food, and although the young have adaptations to cope with a lack of food, they are at great risk of starvation. A clutch of two will lead to better survival in a poor year. On the other hand a clutch of three will lead to more offspring surviving in a good year. Evolution seems to have hedged its bets on the best clutch size of the Swift.

(Continued from Page 5)

A good dragonfly or rather damselfly, to look out for in June and July, is one called the Banded Demoiselle. This is not a species I have seen at the pond. It prefers rivers, and indeed it can be seen along the River Alde. Look out for a spectacular damselfly, large, with a striking band of indigo blue on each wing. When the body can be seen it is a brilliant dark metallic blue. This of course is the male; the female lacks the wing markings, and her body is a glossy bronze-green, but still a striking insect.



Geoffrey Abbott

ST. MICHAEL'S CHURCH, RENDHAM - CHURCHWARDEN'S REPORT

As you all know, the church has been closed ever since the Bishops decreed it so. Martin Percival has been sending his thoughtful sermons online to those in the Benefice who wish to receive them. We must appreciate being able to read these and would like to thank him very much for taking the trouble to compile them. We look forward to holding services again in the not too distant future. We both hope you have got through this Corona virus pandemic lockdown safely and will continue to keep safe.

Charles Seely & Frances Hill

RENDHAM PARISH / PARISH COUNCIL NEWSLETTER

Due to the Covid-19 pandemic both the Annual Parish Council Meeting and the Parish Meeting which were going to be held on the 11th May 2020 were cancelled. All officers of the Parish Council have agreed to stand for a further year. It is hoped that the July meeting will be held as normal

District Councillor Maurice Cook sent his yearly report it included the following. Full report on the village website

- Improvements to children's play areas, speed indicator signs, improvement to village halls, support for Christmas festivities, equipment for a playschool, mental health support for students, a youth music workshop, transport for the elderly, improvement and renewal of green spaces, provide floodlighting for a local sports club.
- To declare a Climate Emergency and form the Environmental Task Group to deliver results.
- To create a new District wide Business Strategy Plan and to expand the core objectives of:
- 1) Growing our Economy, 2) Enabling our Communities and 3) Remaining Financially Sustainable to include 4) Delivering Digital Transformation and 5) Caring for our Environment.
- The introduction of the Community Partnership Programme to deliver the most effective help and support directly to where it is needed. To invest heavily in the refurbishment of the district's leisure facilities.
- Working with the Town Council and local Business Association, the introduction of a free public WiFi system in Framlingham.
- The promotion of solar energy and diverse recycling projects.
- The introduction of Civil Parking Enforcement and new Car Parking management schemes to improve the parking experience and in support of local businesses and visitors.

Parish Council contact: Chair David Willett
Email: rendhampc@gmail.com

Next Parish Council meetings 7.30pm
RVH Monday
13 July, & Monday 14 Sept

COVID-19 - ADVICE FROM SUFFOLK COUNTY COUNCIL

For more information and advice on Covid-19 please visit www.suffolk.gov.uk

COVID-19 Testing in Suffolk You can ask for a test for:

- yourself, if you have coronavirus symptoms now (a high temperature, a new continuous cough or a loss or change to your sense of smell or taste
- someone you live with if they have coronavirus symptoms

When?

You need to get the test done in the first 5 days of having symptoms. Please help the NHS by only asking for tests for people who have coronavirus symptoms now.

How do I book?

Visit www.gov.uk for full details and to apply or call 119 to book a test. You may be able to choose between driving to a regional or mobile testing site or getting a home test kit

Where?

The regional testing centre for Suffolk is at the London Road Park and Ride, Copdock, Ipswich and this is open from 8am to 7pm daily. Planned visits for mobile testing units include:

Leiston - Monday 1 June and Wednesday 3 June

Lowestoft - Tuesday 2 June, Thursday 4 June, Saturday 6 June

LOOKING AFTER YOU!

The COVID-19 Emotional Wellbeing, mental health and learning disabilities information hub contains a wealth of resources for adults, young people, those with learning disabilities and professionals to support emotional wellbeing and mental health. Visit www.healthsuffolk.or.uk/covidhub

If you are experiencing a mental health crisis or just need someone to talk to call:

Samaritans on 116 123 (or email

jo@samaritans.org)

NHS Online on 111 (for urgent, non-emergency medical advice)

Emergency Services on 999 (for immediate emergency assistance)

Home, But Not Alone

Supporting vulnerable people in Suffolk

Coronavirus Emergency Phonenumber

0800 876 6926



You can call the Home, But Not Alone phonenumber if you live in Suffolk and need urgent help during the coronavirus pandemic. The emergency phonenumber is for people who:

- do not have support available from friends, family or neighbours
- are struggling for food, medicines or other essential supplies
- are feeling lonely and isolated

Are you receiving a government food package you no longer need?

If yes, please either leave a note where the package is normally dropped off or speak to the driver. Please note it can take up to 7 days for a change in circumstances to be registered.

Alternatively you can cancel your food parcel online at www.gov.uk/coronavirus-extremely-vulnerable

PROTECT YOURSELF AND OTHERS

1. Try to avoid close contact with people, especially those who are unwell
2. Wash your hands regularly with warm soapy water for at least 20 seconds
3. Do not touch your face unless you have just washed your hands
4. If you cough or sneeze, do so into a tissue and then bin the tissue and wash your hands

If you can, wear a face covering in enclosed public spaces where social distancing isn't possible and where you will come into contact with people you do not normally meet. This is most relevant for short periods indoors in crowded areas i.e. in supermarkets or shops, or on public transport.

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www.whitehorerendham.co.uk / 01728 663 497

A huge thank you to everyone who has supported any of the pub's charity events and collections over the last few months. We did a round up of all the 'odds and sods' that we hadn't managed to pass on to St. Elizabeth Hospice yet. To our surprise and delight we had £1,863. This has been passed on to the hospice who were very grateful and amazed to receive such an amount during these difficult times. Thank you all again and don't forget we are still collecting empty ink cartridges and used stamps for the hospice. Take care and stay safe.

Paul and Lisa

FUNDING FROM CAB The Citizens Advice Bureau, Leiston, Saxmundham and District has obtained some funding to assist clients who are experiencing problems paying for their electricity, gas and oil usage. The fund will not be used to clear debts but to help clients struggling to pay for their ongoing usage. However, if clients have built up arrears due to coronavirus, these cases will be considered.

If you, or anyone you know, would be grateful for some assistance, please call 01728 832 193 between 10am and 2pm Monday, Tuesday, Thursday and Friday or email supervisor@leistoncab.cabnet.org.uk

MOBILE LIBRARY

The mobile library service is currently suspended until further notice.



Linen for Scrubs Huge thanks to all who

have donated bedlinen and 2cm buttons for the Sweffling Scrubs sewers group. If you have further contributions of linen, including sheets / largish scraps of material suitable for bags that can be washed at 60 degrees, please deliver to 2 Bruisyard Road or call 663 286 for collection. *Shirley Harry*

FRAMLINGHAM SURGERY 01728 723627

Dispensary: (01728) 723957 www.framlinghamsurgery.co.uk

SAXMUNDHAM SURGERY:

LAMBSALE MEADOW 01728 602022 www.saxquax.co.uk

Use the 111 online coronavirus service if
you feel you cannot cope with your symptoms at home
your condition gets worse
your symptoms do not get better after 7 days
Only call 111 if you cannot get help online



Cake Walk Thanks Thursday afternoons'

Cake Walk has come to an end for the time being. Many thanks to everyone who has been busy baking each week including Viv, Mary, Bridget, Jill, Frances, Anne, Caroline, Liz, Richard, Linda, Jenny, Peter A, Peter T, Sandi and to all, including Ollie, who helped deliver the cakes. Thank you for your support, sharing the smiles

and bringing a bit of joy in an otherwise tricky time. Stay safe.

Gina Purvis

DEADLINE FOR AUG / SEPT 2020 'STREET' : 17 JULY 2020

Email Helen Greenburgh: hpaygre@aol.com (07775 894146) AND Judith Mellor: rendhamstreet@gmail.com (hard copy can be sent to Gables Farm, Sandy Lane, Rendham). **PLEASE NOTE: IT IS ESSENTIAL TO EMAIL BOTH EDITORS.** *The Street* welcomes items for publication, but we reserve the right to edit. It is the responsibility of contributors to provide accurate details, **PRIOR TO THE DEADLINE.** We are limited to 8 pages so may not be able to publish everything we receive for each issue. Priority is given to dated village events. All items submitted for publication must carry a name and contact no / email address.